

Materials Needed:
Bible or Bible App, Staff Printable, Card Stock or Cardboard, Scissors, Glue, Markers



GO DEEPER

MORNING MOMENTS

Read: Psalm 23 aloud. Close your eyes and imagine the pictures the words create.

Discuss: Jehovah Rohi - God is our Shepherd

- Can you imagine yourself as a sheep, following God?
- How can hearing God's voice help you when you are afraid?
- What are some ways we hear our Shepherd's (God's) voice?

Remember This: I can know God is our Good Shepherd

CREATIVE CONNECTION

Print and cut out the shepherd's staff and five different shapes from card stock or cardboard. Write the following phrases on the shapes with markers: (1) "The Lord is my shepherd," (2) "I shall not want," (3) "He makes me lie down in green pastures," (4) "He leads me beside still waters," (5) "He restores my soul." Glue the shapes to the staff and decorate as desired. Remember that God is our Good Shepherd who can help us when we are afraid!

TABLE TALK

- What fun facts do you know about sheep?
- How do you think we as people are like sheep?
- How has God kept you safe?

HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:

Praise God for being our Good Shepherd

Ask God to help you learn as you read the Bible

Repent, or tell God you're sorry, for when you do not choose to obey what He says

Thank God for His protection

SCRIPTURE

1 SAMUEL 17
David and Goliath

BOTTOM LINE

**WE CAN BUST FEAR
BY KNOWING WHO
GOD IS**

READ THIS

This week we are learning how knowing who God is will help us face our fears! Just like David did when he faced Goliath! No matter what our fears are, God is right there with us! We are not alone because like John 10:11 tells us, He is our Good Shepherd! God being a Good Shepherd is just one of many names that describe who God is! Knowing who God is can help us trust Him when we are afraid. Let's go deeper and see how knowing more about who God is helped other people from the Bible when they were afraid.

MEMORIZE THIS

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

Deuteronomy 31:6 (NIV)

IN ACTION

When you feel afraid, stop and say out loud, "God is with me. I do not need to be afraid!" God wants you to ask Him to help you be brave.

CHECK OUT OUR COMPANION VIDEOS ON OUR YOUTUBE CHANNEL:

[youtube.com/blueridgecommunitychurch](https://www.youtube.com/blueridgecommunitychurch)

Materials Needed: Bible or Bible App, Card, Envelope, Markers

GO DEEPER



MORNING MOMENTS

Read: 2 Kings 5:1-14

Discuss: Jehovah Rapha - God is Healer

- Can it be scary when you or someone you care about is sick?
- Who healed Naaman?
- Was it easy or hard for Naaman to trust how God wanted to heal him?

Remember This: I can know God is our Healer



CREATIVE CONNECTION

Create a get well soon card for someone you know who is sick. If you don't know someone who is sick you can take the card and drop it off at a hospital for them to give to a patient. In your card, let them know that you are praying for them and they can trust in Jehovah Rapha - God our Healer! Pray for the person before delivering the card or placing it in the mail.



TABLE TALK

- What is more important: physical healing or spiritual healing?
- How can we be healed spiritually?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:

Praise God for being our Healer

Ask God to heal friends and family you know are sick

Repent, or tell God you're sorry, when you don't believe He can heal

Thank God for your health

Materials Needed: Bible or Bible App, Paper, Markers, Music

GO DEEPER



MORNING MOMENTS

Read: Judges 6:1-24

Discuss: Jehovah Shalom - God is Peace

- Why was Gideon trying to work in secret?
- What did the angel promise Gideon?
- What kind of things keep our life from being peaceful?

Remember This: I can know God is our Peace



CREATIVE CONNECTION

Read John 14:27. Create an atmosphere of peace with softer lighting and quiet music. You and your child can work quietly at creating a drawing of something that is peaceful to each of you - such as a place, something they like to do, or something in creation. After you finish, take turns sharing what you drew and why it is peaceful to you. Check out our Spotify for some great worship options: <https://tinyurl.com/brkidsplaylist>.



TABLE TALK

- What comes to mind when you think of a place that is peaceful?
- How can God give us peace in scary or hard times?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:

Praise God for being our Peace

Ask God to fill you with His peace

Repent, or tell God you're sorry, for when you don't trust Him

Thank God that He is trustworthy

Materials Needed:
Bible or Bible App, Paper,
Magazines, Scissors, Tape/Glue

GO DEEPER



MORNING MOMENTS

Read: Genesis 22:1-14

Discuss: Jehovah Jireh - God is our Provider

- What did God ask Abraham to do with his son Isaac?
- What did Isaac ask and how did Abraham answer?
- How did God provide?

Remember This: I can know God is our Provider



CREATIVE CONNECTION

God provides for everyone, but when we become His child and when we choose to be obedient to what He is asking us to do, He provides for us in miraculous ways! Where we feel weak or inadequate, God provides. Grab magazines, junk mail, or newspapers. Sift through them and find pictures of things that God has provided for you. Tape or glue them to a piece of paper to create a collage of provision! Thank God for the things He has provided for you.



TABLE TALK

- How has God provided for you when you or your family have had a need?
- Where is God asking you to obey Him and trust Him to provide for you?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:

Praise God for being our Provider

Ask God for things you need

Repent, or tell God you're sorry, for when you are not thankful for what He has provided

Thank God for how He has provided for you

Materials Needed:
Bible or Bible App,
Paper, Markers

GO DEEPER



MORNING MOMENTS

Read: Exodus 17:8-16

Discuss: Jehovah Nissi - God is our Banner

- What happened in the battle?
- What kind of battles do kids your age have?
- What can you do to trust God as you go into "battle"?

Remember This: I can know God is our Banner



CREATIVE CONNECTION

After this battle Moses called God his Banner, Jehovah Nissi. Banners were used in battle and had a symbol that soldiers would recognize. This banner helped each soldier know where to be on the battlefield. They looked for the banner that belonged to their army and knew by where it was located whether or not to go forward or retreat. Capturing the banner of an army in battle was considered a great trophy of war. Get a large piece of paper or cloth and art supplies. Create a banner that represents who you are and how you feel about God.



TABLE TALK

- If you were going into a battle what would you need?
- Where have you been able to see God when you were afraid or going through a hard time?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:

Praise God for being our Banner

Ask God to help you look for Him when you are in a battle

Repent, or tell God you're sorry, for trying to fight alone instead of with Him

Thank God for going before His children